



Rebuilding hope, restoring lives - the Miracle Year and beyond

Frequently Asked Questions

If I donate, how are the funds being allocated?

When you donate to Blink of an Eye, your tax deductible public charity contribution directly supports (1) the development of the SCI Playbook, a vital resource for spinal cord injury (SCI) families, (2) the training and travel for the rapid response bedside support BLINK HEAL Team for SCI Families in ICU's, and (3) the BLINK SCI Navigator Team bringing emotional and practical support to SCI Families 24/7 during the Miracle Year. Funds are also allocated to our mediation, relational advocacy and trauma training, podcast production, and outreach initiatives that empower and connect the SCI community. Every dollar helps build a more informed supportive network for those navigating life after SCI.

What is an SCI Navigator?

An SCI Navigator is a trained volunteer or professional who assists SCI patients and their families by offering guidance, resources, and emotional support. They serve as a knowledgeable companion throughout the recovery process, helping families understand their options, connect with care providers, and navigate the often overwhelming experience of a spinal cord injury.

How do I become an SCI Navigator?

Becoming an SCI Navigator is a meaningful way to make a difference. Our program provides specialized training in relational advocacy, mediation and trauma informed responses, to help families through the complex medical, emotional, and logistical challenges they face. To apply, visit our website, go to the volunteer page, complete the application form. We welcome passionate balanced individuals eager to support others during their recovery journey.

What does it mean to sponsor the Blink of an Eye Podcast?

Sponsoring the Blink of an Eye Podcast provides you with the unique opportunity to support our mission. Your sponsorship helps fund the production of insightful episodes that offer education, support, and hope to the SCI community with intimate conversations and expert guests.

How do I become a Blink of an Eye partner?

Becoming a partner with Blink of an Eye means joining forces to create a lasting impact in the lives of SCI survivors and their families. Whether through collaborative projects, sponsorship, or resource sharing, we work closely with partners who share our mission. To explore partnership opportunities, reach out to us via our website or contact our team directly to start a conversation.

What is the SCI Playbook and how does it help families?

The SCI Playbook is a comprehensive, evolving resource designed to support SCI survivors, families, and their friends. It provides practical advice, expert insights, and personal stories on how to navigate the medical, emotional, and logistical challenges of SCI recovery. By contributing videos, professionals and those with lived experience enhance this vital guide for the community.

What kind of impact does Blink of an Eye have on the SCI community?

Blink of an Eye provides emotional support, best practices, and advocacy for SCI patients and their families. We save lives, prevent pressure ulcers, help families cope and stay intact, and learn early on about essential information and resources needed to thrive. Through our HEAL Team, SCI Navigator program, Podcast, and educational resources, we support families through recovery and help them with advocacy in their new lives. Our programs empower survivors and caregivers, empowering them to successfully navigate the journey after a spinal cord injury.

How can I get involved with Blink of an Eye?

- ☐ Volunteer as an SCI Navigator
- ☐ Volunteer as a member of our Wrap Around Team
- ☐ Volunteer as a member of our SCI Expert Medical Team
- ☐ Make a video on your phone and contribute to the SCI Playbook
- ☐ Subscribe for free to the Blink of an Eye Podcast wherever you stream podcasts
- ☐ Sponsor the Blink of an Eye podcast with a donation
- ☐ Participate in events and outreach initiatives that support SCI Families in crisis
- ☐ Become a Community Partner to Refer, Connect, Provide your Resource
- ☐ Donate
- ☐ Connect us to others who may be interested in any of these opportunities
- ☐ Visit our website for more information on how you can make a difference

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www.blinkofaneye.org



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